









Elms Menu – Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Gammon & Pineapple  Tuna & Sweetcorn Pasta Quorn Stir-Fry  <i>served with new potatoes, green beans and sweetcorn or a mixed salad</i>	Roast Beef & Yorkshire Pudding Ham & Tomato Omelettes  Tempura Vegetables with Salsa Sauce  <i>served with roast potatoes, carrots and broccoli or a mixed salad</i>	Steak Pie Chicken Nuggets Veggie Toad-in-the-Hole  <i>served with creamed potatoes, spaghetti hoops and mixed vegetables or a mixed salad</i>	Turkey Burger in a Bun Beef Pasticco Spanish Tortilla   <i>served with new potatoes, peas and sweetcorn or a mixed salad</i>	Breaded Fish or Fish Fingers Sausages Vegetable Nuggets  <i>served with potato waffles, peas and baked beans or a mixed salad</i>
JACKET POTATO	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Tuna	Cheese or Baked Beans
SANDWICHES	Selection of fillings	Selection of fillings	Selection of fillings	Selection of fillings	Selection of fillings
PUDDING	Pineapple Upside-Down Pudding Fresh Fruit Assorted Yoghurts Cheese & Biscuits	Iced Buns Fresh Fruit Assorted Yoghurts Cheese & Biscuits	Lemon Shortbread Fresh Fruit Assorted Yoghurts Cheese & Biscuits	Cherry Flapjack Fresh Fruit Assorted Yoghurts Cheese & Biscuits	Jam & Coconut Sponge Fresh Fruit Assorted Yoghurts Cheese & Biscuits

 gluten-free  suitable for vegetarians